



Rowlett Citizen Corps Council

Your Partners in Preparedness



Mark Your Calendars! Springtime in Rowlett means a lot of fun volunteer events, training, and our **annual RCCC Banquet** on **Saturday June 21st**. *Please note the new date!*

This year's RCCC banquet recognizes 2024 service excellence for all RCCC programs. Please join us for an evening of delicious food, fellowship and fun.



Image: Vecteezy

This is a wonderful opportunity to relax over a meal, and introduce your spouse and family to your RCCC friends and colleagues. Volunteers are welcome to bring their "plus one", and additional guests are welcome to purchase tickets for \$10 each, to cover dinner.

This year's banquet will be a BBQ feast at our own Old Glory Station, 5100 Dalrock Road. Please let us know you are coming (please put your guest count in the 'comments' box on Track it Forward).



Survey 123 Contest

To build our collective capabilities reporting via Survey123, we'll be launching a series of brief surveys each month. You'll have a limited number of hours to respond to each survey, just as you would in a real deployment. You'll complete each survey once, unless otherwise directed. Your survey is your contest entry. Each quarter, we'll recognize and reward the person with the most completed surveys.

Some important rules: Your CERT ID and location must be accurate for your survey to be counted as a contest entry.

Today's Survey is a Stop the Bleed (STB) refresher quiz. Please accurately report your name, CERT ID and your location. The other survey questions (quiz questions, photo request) are "nice to haves". **Please complete one survey by Monday, June 2nd.**

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Member Recognition

Back in February, the Rowlett Police Department recognized RCCC founding member Leisa Peebles for her dedication and service. **Please join in and congratulate Leisa!**

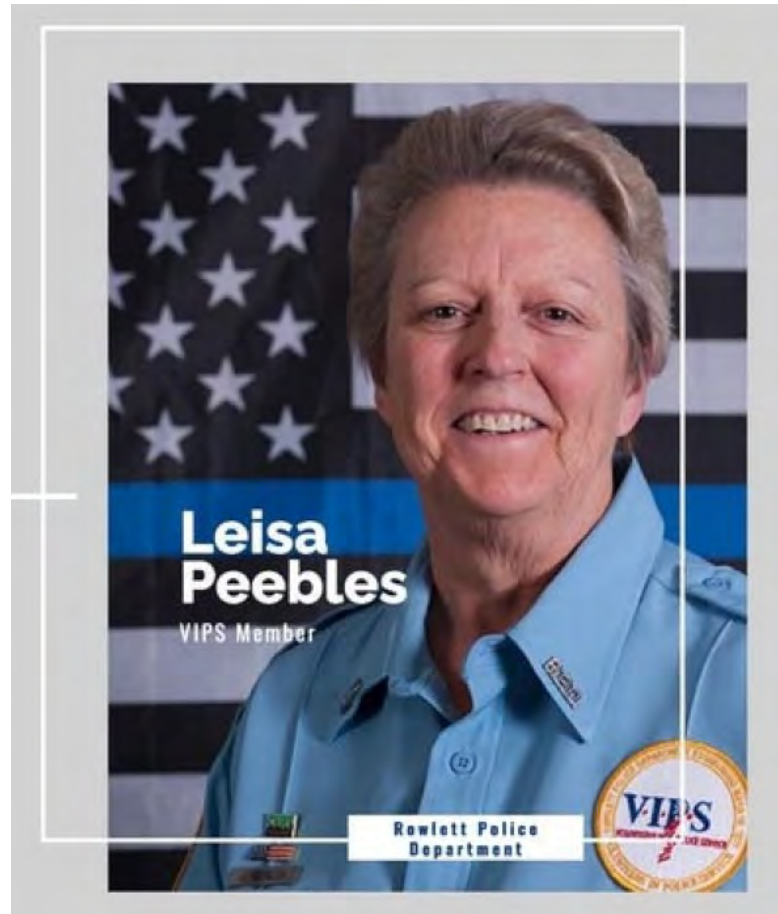
Here's the excerpt from the RPD Facebook post:

The Rowlett Police Department would like to highlight the outstanding contributions of Leisa Peebles, a dedicated member of the Rowlett PD Volunteers in Police Service (VIPS) program since 2007.

In 2024 alone, Leisa volunteered 635 hours, earning the Presidential Award for Lifetime Achievement with over 4,000 hours of service. Her commitment extends beyond VIPS—she serves on multiple boards, mentors Explorers, teaches emergency preparedness courses, and leads various community service projects, including food drives.

Leisa's dedication over the past 18 years has had a lasting impact on our department and the Rowlett Community.

We appreciate her service and commitment.



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News editor needed! This is a great way to become involved, get to know everyone at RCCC, and stay up-to-date.

You'll take photos (or ask your RCCC friends to do so) at RCCC events, draft articles, format the news in Microsoft Publisher, and share updates using Constant Contact.

For the right outgoing person, it's a joy and a service to our volunteer community. Does this sound like something you'd enjoy? Get in touch with JP: JP@RowlettCitizenCorps.org.

CERT News



The next **CERT General Meeting** is on Wednesday, June 18, 2025 7PM at Old Glory Station, 5100 Dalrock Road. The meeting topics will be a Survey123 view from the IC desk, and July 4th prep with radio operations.

CERT "11 Questions" Challenge

Each month, we randomly pick a member to answer a set of questions. They will always be the same questions but the answers can help us get to know some important stuff about our volunteers.

We can't take credit for the questions as they are a revised version of Stephen Colbert's questions for celebrity guests. Please note that participation, should someone be selected, is completely voluntary. This month, let's get to know **Marie Bianicci!**



Marie Bianicci

- Best sandwich? **Jersey Mike's "The Original"**
- What's one thing you own that you really should throw out? **Old kitchen utensils**
- What is the scariest animal? **Great white shark**
- Native Texan or From Another Land? **Native!**
- Favorite action movie? **The Matrix**
- Favorite smell? **Vanilla**
- Least favorite smell? **Cat urine**
- Flat or sparkling water? **Sparkling with a twist of citrus :-)**
- Most used app on your phone? **Hay Day**
- You get one song to listen to for the rest of your life: what is it? **"And the Wind Cries Mary" - Hendrix**
- Describe the rest of your life in 5 words? **Life is what you create**

CERT News



It's that time of year again, when awareness of heat illness symptoms are an important part of looking out for your fellow volunteers, and emergency prevention.

Prevent heat-related illness:

- Hydrate both before you go out into the heat, and throughout the day.
- Limit caffeine, soda and alcoholic drinks, which can dehydrate you.
- Get plenty of rest.
- Watch out for your family and friends. Look for the following symptoms.

HEAT EXHAUSTION OR HEAT STROKE?

The infographic features a central illustration of a human figure split vertically down the middle. The left half is colored orange and is positioned in front of a large, stylized sun with rays. The right half is colored red. To the left of the figure, under the sun, are the symptoms and treatments for Heat Exhaustion. To the right of the figure are the symptoms and treatments for Heat Stroke.

HEAT EXHAUSTION SYMPTOMS	HEAT STROKE SYMPTOMS
1. Faint or dizzy	1. Throbbing headache
2. Excessive sweating	2. No sweating
3. Cool, pale, clammy skin	3. Body temp above 103° Red, hot, dry skin
4. Nausea, vomiting	4. Nausea, vomiting
5. Rapid, weak pulse	5. Rapid, strong pulse
6. Muscle cramps	6. May lose consciousness

HOW TO TREAT IT	HOW TO TREAT IT
1. Move to cooler location	1. Get emergency help
2. Drink water	2. Keep cool until treated
3. Take a cool shower or use cold compresses	

ARES News



Welcome to Rowlett ARES's newest member, **Bruce McElhaney, K4CEO!** (And thanks to Todd Thayer, KI5ZHP, for the introduction.) Bruce is a Rowlett resident and Amateur Extra ham. We look forward to Bruce's participation. Please introduce yourself and make Bruce welcome at our next meeting.

Upcoming Events

Monday, June 2nd at 20:00: monthly net on **AB5U VHF 147.39 + 85.4**

Monday, June 16th at 19:00: In-Person meeting in FS#2 training room. Our meeting topic will be preparations for July 4th events, including the Freedom 5k Run and Fireworks on Main.

Wednesday, June 18th at 19:00: CERT general meeting. The CERT topic will include July 4th prep for Fireworks on Main, including radio training and a Survey123 refresher (with a chance at an additional Survey123 contest entry). We'll also cover radio operations, so this is your chance to be an Elmer, and guide radio newbies on the basics of radio operations.

Saturday, June 21st at 17:00: RCCC Banquet and Awards at OG. Please be sure to sign up as soon as possible on Track it Forward.

Saturday, June 28th at 09:00: ARES Field Day demonstration at Old Glory Station (OG), 5100 Dalrock Road. Stay tuned for more information coming soon!

Friday, July 4th at 08:00: Freedom 5K at Rowlett Community Park, 8500 St. Andrews Lane, Rowlett, 75088. Rowlett ARES will support the 5K with radio operators throughout the course. Please sign up on Track it Forward if you're able to volunteer.

Friday, July 4th Fireworks On Main. Tentative schedule (subject to change, pending city updates: Set-up begins at 10:00. Staffing specific jobs throughout the event starting at 15:30. Fire-watch briefing at 21:00. Teardown begins at 22:00.

Saturday July 5th at 09:00 Recovery Day at OG. After July 4th, we need to organize our equipment to reset to deployment-ready. Please join us on July 5th to inventory, re-stock organize and get our rolling stock and equipment back in shape. Depending on the number of volunteers, this could be an hour, or the full morning. So please pitch in if you can!

Explorer News



The Post had our second quarter campout as we traveled down to Waco Surf to beat the heat and relax in the world's largest lazy river, slide down 50-foot water slides, and surf the wake.

We're getting ready for Missouri as we refresh our first aid, knots, and river trip packing. All so we can have a safe and fun trip down the current river!

A huge thank you to Keira Quam from Texas Parks and wildlife as she visited to teach us about fly fishing and State of Texas Parks & Wildlife volunteer opportunities.



Explorer Highlight: Chloe Groves

Chloe has been a part of the Post for nine months. She joined in August of 2024. Chloe joined the Post because it was recommended by her dad; he told her it would grow her world knowledge and expand her social skills.

Outside of the Post, Chloe likes to play volleyball with her friends and make art such as paintings and illustrations.



Chloe Groves



Chloe's priorities are to become more involved with the Post. She would like to go to as many meetings as possible and share her ideas and thoughts with the Post. She also has aspirations to be a part of Post leadership, so she can do her part in developing the Post.



Current River Canoe Trip

It's that time of the year again! Time for the Explorers' annual canoe trip. Sign-up is posted on our website under the "store" tab. Grab your oars and get ready for another excellent year down the river. Saturday June 8th, 7:00AM – Sunday June 16th, 12:00 pm.

Explorer Car Wash

Fundraising in the heat and keeping your car clean while staying cool with the water. Join us for our car wash at OG station, 5100 Dalrock Road, while we raise funds for the Post! Saturday June 28th, 9AM-1PM



Scouting News



Scouting America Troop 646 now has a female troop. Both the female and male troops meet on Mondays between 7-8:30PM at Old Glory. If you know of any youth between the ages of 10.5 through 17 years, have them swing by our weekly meetings at Old Glory for a visit. We camp monthly, and camp for a week at Summer and Winter Camps.



Weekly Meeting working on lashing



T646 Won First and Second Place at the Annual Duck Creek District Cookoff

BSA646 News



Upcoming Events:

June 7th Scout Night and Sleepover at the Frisco RoughRiders Baseball Game.

June 21st Annual RCCC Banquet (BBQ!) 5-9PM at Old Glory.

June 29th -July 5th Summer Camp at Camp Rockefeller in Arkansas

Weekly Scout Meetings are at Old Glory 5100 Dalrock Rd Rowlett. We are there every Monday night from 7:00pm until 8:30pm unless it's a holiday: Memorial Day, week of Summer Camp, Independence Day, or Labor Day. If you know someone between the ages of 10.5 through 17 years of age, let them know about Scouting. Visit us on any Monday (except holiday weeks).